

Pre-Pharmacy Association

First General Meeting
Wednesday, September 16
Bilger 150 5:30 PM

What is PPA?

Pre-Pharmacy Association is a non-profit professional RIO at UH Manoa run entirely by students for students interested in pursuing a career in the pharmaceutical field.



PPA Officers 2015-2016

President: Keri Ann Nagaishi

Vice President: Jenna Pak

Secretary: Jenina Pascua

Treasurer: Kiana Lee

Community Service Coordinator: Alexis Brissette

Fundraising Coordinator: Kevin Lee

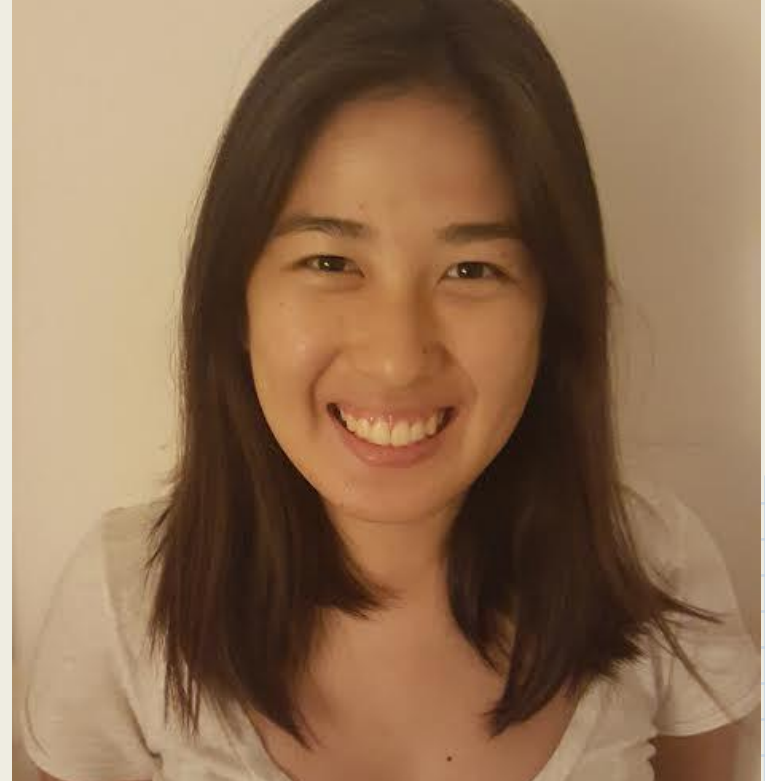
Webmaster: Jessica Song

President: Keri Ann Nagaishi

Class Standing: Senior

Major: Biochemistry

Interesting Fact: I tried to be a ballet dancer but since I'm clumsy, that didn't work out well. Then I tried to do music. That worked out better, so now I spend my free time playing the piano!



Vice President: Jenna Pak

Class Standing: Junior

Major: B.S. in Biology

Interesting Fact: I have an obsession for post-it notes, especially the cute ones!

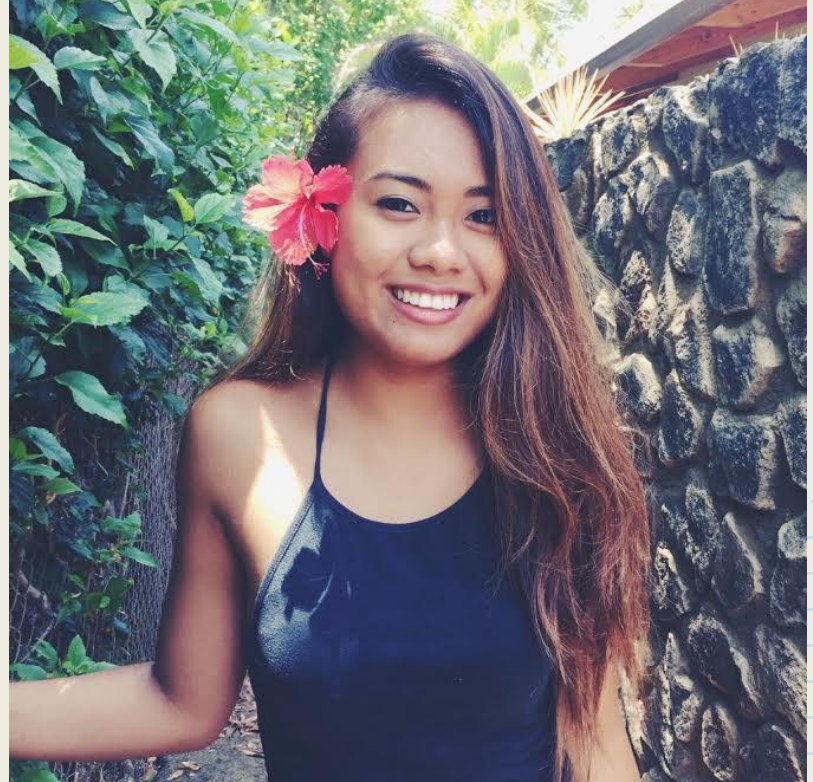


Secretary: Jenina Pascua

Class Standing: Junior

Major: Microbiology

Interesting Fact: Studied abroad and traveled to 7 different countries in less than 2 months this past summer break.



Treasurer: Kiana Lee

Class Standing: Sophomore

Major: Biochemistry

Interesting Fact: I made a kimono for my high school senior project. In my free time, I enjoy hiking and going to the gym.



Community Service Coordinator: Alexis Brissette

Class Standing: Sophomore

Major: Biology

Interesting Fact: I am a sucker for books, movies, and comics. A HUGE Game of Thrones fan (Karstark represent) and I don't go out nearly as much as I claim to.



Fundraising Coordinator: Kevin Lee

Class standing: Junior

Major: Biology

Interesting Fact: I can normally eat two large meals a day and still be hungry. I wish my hobby was to be a food fighter.



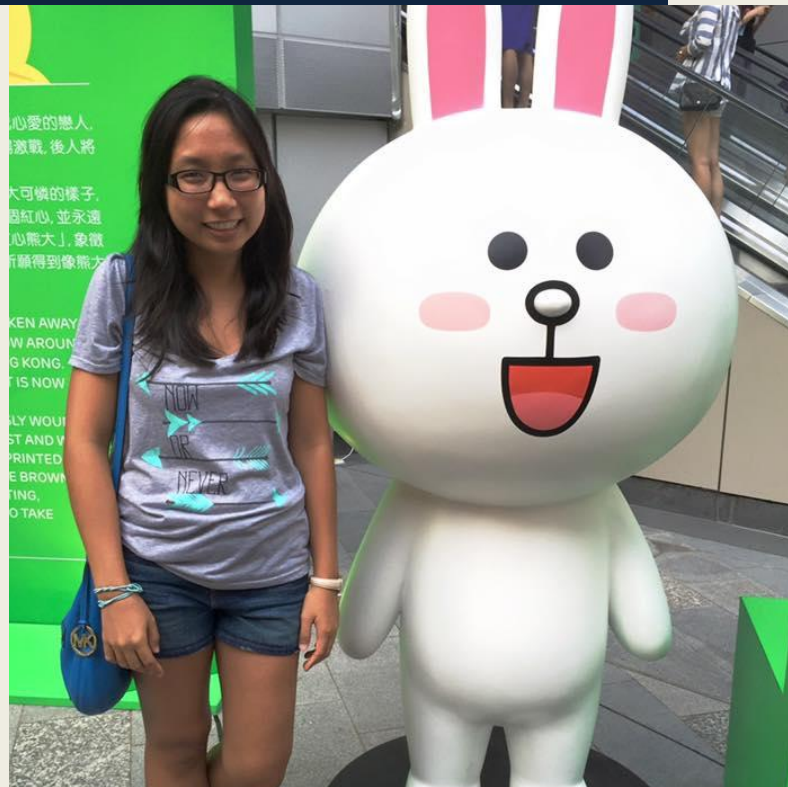
Webmaster: Jessica Song

Class Standing: Junior

Major: Biochemistry

Minor: Business

Interesting Fact: I enjoy exploring new places especially food places, which is why my wallet cries on a daily basis.



First Ice Breaker!

Two Truths!

Take one index card and write two truths. (Be unique!)

Do NOT write your name.

Turn in to one of the officers.

Get a random card and find the person on your card!

Membership

- 1. Fill out a PPA membership form**
- 2. Pay Club Fees**
 - a. \$20 per semester or \$30 per year
 - b. PPA shirt: \$10 each (optional)
 - c. Turn in to Treasurer Kiana
- 3. Accumulate 20 points by the end of the semester**
 - a. Attend at least 1 meeting, 1 social, 1 community service event, 1 fundraiser

Forms and fees can also be turned into the Pre-Health/Pre-Law Advising Center (PAC) located in Sinclair 108. Shirts can also be purchased at PAC starting next week.

Membership forms and fees due on next general meeting (Wednesday, October 14)

Why be active?

Become an Active PPA Member!

- Free lunch/meal at the End of Semester Banquet!
- Active Certificate
- Starbucks/Jamba Juice Gift Card
- Put on your RESUME!





Previous Events

COPD Education Day



Signing people in and handing out information for the event.



Met up with fourth year pharmacy students that helped at the fair to explain about using inhalers to the community!



Upcoming Events

Community Service Events

Medication Take Back at Senior Fair

- Date: September 25-27
- Time: Shift A: 8:30AM-12:30PM Shift B: 12:30PM-4:30PM for Friday, Saturday, and Sunday
- Location: Neal Blaisdell Center: 777 Ward Ave
- Points: 4 points per shift

We are helping the lovely folks from UH Hilo host a medication take back booth at the senior fair. It's a fantastic opportunity for us to mingle with current pharmacy students and their professors!

RSVP by Tomorrow September 17 aka **ASAP**

****Four people max for each shift****

Community Service Events

Making Strides Against Breast Cancer Saturday October 24

- Time: 5:00am-11:00am
- Location: Richardson Field
- Points: 6 points

Volunteer duties will be assigned based on how many members attend. Last year, we were spread out across the 3 mile track and cheered on the walkers! Lots of fun!

RSVP by October 3



Community Service Event

Tour de Cure

Prep Day:

- Date: Saturday, October 31
- Time: 1:00pm to 5:00pm
- Location: KCC, Lot C

Day Of:

- Date: Sunday, November 1
- Time: 4:00am - 2:00pm
- Location: KCC

There are lots of positions to fill;
set up, registration, cheering, clean up

RSVP by October 24



Fundraising Events

Panda Fundraiser: Wednesday, September 30

- Go to the Panda Express on campus ONLY and show a flyer (can be phone or paper)
- Spread the word!



Fundraising Events

Car Wash at 76 Gas Station on King St.

Date: October 17th

Time: 8:30am - 3:00pm

Shift 1: 8:30am - 12:30pm

Shift 2: 12:00am - 3:00pm

Location: 76 Gas Station on S. King St. (Next to McDonald's)

Points: 3 pts (per shift) + 1 pt per supply (up to 3 pts) + 0.5 pt shirt

Price: \$10/car & \$15/truck or large vehicles (Donation)



Potluck Social

Potluck at Magic Island/Ala Moana Beach Park!

When: Sunday, September 20

Time: 1PM-4PM

Points: 3 points!

Come on down and join
us for a fun filled afternoon!

We will order pizza and bring drinks
but please bring a snack to share!



Pharmacy Events

Rho Chi Mentorship Program

Rho Chi is an Academic Honor Society in Pharmacy at UHH that includes the top 20% of the Pharmacy class that offers a variety of educational services with Pre-Pharmacy groups.

Members will be paired up with a Rho Chi mentor and will be able to contact them through email to ask questions and get advice!



Pharmacy Events

Rho Chi Mock Interview

Friday, October 9

Time: 9:00AM- 3:00PM

Place: Campus Center Room CC 310

30 minute interviews

(20 minute interview, 10 minute reflection/feedback)

- Bring your resume!
- Think about why you want to go into Pharmacy
- Dress appropriately/professionally
- Show up on time



Pharmacy Events

WSU Visitation/Info Day, October 26-30

Date: TBA

Learn more about WSU CoP and meet
with faculty member Lindsey Friedly!



Pharmacy Opportunity!

Pharmacy Technician Position at CVS

Ala Moana Longs Drugs

Apply online to CVS with app and resume

Google “brassring cvs”

Tasks include:

Writing scripts, Counting pills,

Reading doctor’s notes

No prior experience needed!



Spring UH Hilo Pharmacy Tour

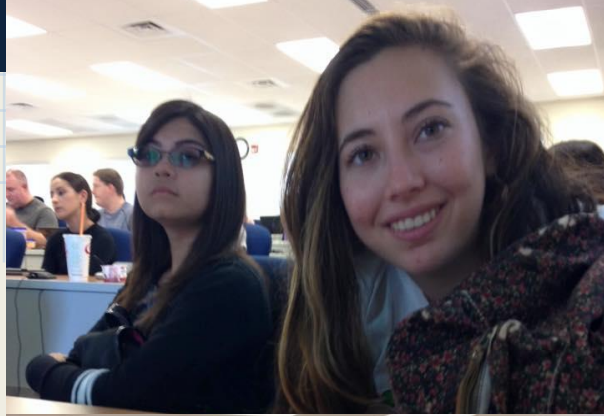
Possible Dates: March 28-April 1st

UH Hilo Pharmacy Tour (One-Day):

- Activities:
 - Tour the UH Hilo CoP campus
 - Meet Pharmacy Students and Faculty
 - Sit in and observe a Pharmacy lecture class



Spring 2015 UH Hilo Pharmacy Tour



PAC Workshops

Practice for Your Interview!

Date: Thursday, October 29th

Time: 5:30pm-7:00pm

Location: Webster Hall, Room 103

Points: 2 points (indicate PPA on sign in sheet, no shirt required)

Don't go to an interview unprepared! The interview is an integral component of the application process to many health professional schools. Attend this workshop for interviewing tips and learn about what makes a successful interview.

*Queen's Pharmacy Residency Director will be at the event!

Ice Breaker!

Headbandz!

Take a card and put it on your head! Don't look!

Try to figure out what it is by asking friends around you!



Pharmacy Crash Course!



What is a Pharmacist?

“Pharmacists dispense medications prescribed by physicians and other health practitioners and monitor patient health. They advise physicians and other health practitioners on the selection, dosages, interactions, and side effects of medications.”

<http://explorehealthcareers.org/en/Career/14/Pharmacist>



Types of Pharmacists

- Clinical Pharmacist
 - Focused on working directly with patients and their medication
 - Found in hospitals, nursing homes, etc.
- Retail/Community Pharmacist
 - Fill/dispense prescriptions prescribed by physicians
 - Advise customers on how to use prescribed medicines
 - Found in retail drug stores (ex. Longs, Walgreens, Walmart, etc.)
- Hospital Pharmacist
 - Advise medical staff on selection and effect of medications
 - Found in hospitals, clinics, nursing homes, etc.
- Compounding Pharmacist
 - Prepare drugs in new forms (ex. pill to IV)

Road to Becoming a Pharmacist

Bachelor's Degree
not required!

Undergraduate
Preparation

Prerequisites vary
from school to
school!

Not all schools
require the PCAT!

PCAT and
Applications

You must apply 1 year in
advance from the date you
want to enter Pharmacy
School.

Have you heard of
PharmCAS?

Pharmacy School
(PharmD)

Pharmacy schools can be
either 3 or 4 years long.

Schools have different
curriculums.

Licensure

Multistate Pharmacy
Jurisprudence Exam
(MPJE)
or
State Specific Board
Exam

North American
Pharmacist Licensure
Examination (NAPLEX)

UH Hilo CoP Prerequisites

UH Hilo Prerequisites

- General Biology I with lab (4)
- General Biology II with lab (4)
- General Chemistry I with lab (4)
- General Chemistry II with lab (4)
- Organic Chemistry I with lab (4)
- Organic Chemistry II with lab (4)
- Human Anatomy & Physiology I (4)
- Human Anatomy & Physiology II (4)
- Microbiology with lab (4)
- Calculus 1 (3)
- English (6)
- Economics (3)
- Communications (3)
- Humanities (6)
- World/Cultural Diversity (3)
- Social/Behavioral Sciences (6)

UH Manoa Course Equivalents

- BIOL 171/171L
- BIOL 172/172L
- CHEM 161/161L
- CHEM 162/162L
- CHEM 272/272L
- CHEM 273/273L
- PHYL 141/141L or PHYL 301/301L
- PHYL 142/142L or PHYL 302/302L
- MICR 351/351L or MICR 130/140L
- MATH 215 & 216 or MATH 241 & 242
- ENG 100 & 200
- ECON 130 or 131
- COMG 151 or 251
- Electives
- Electives
- Electives

PCAT 2015-2016

The PCAT is a specialized test that helps identify qualified applicants to pharmacy colleges. It measures general academic ability and scientific knowledge necessary for the commencement of pharmaceutical education. The PCAT is constructed specifically for colleges of pharmacy.

Topics on PCAT: Writing, Verbal Ability, Biology, Chemistry, Reading Comprehension, and Quantitative Ability

PCAT dates:

- October 26-30/November 2-6 2015

- Registration from 9/18/2015 to 10/19/2015

- January 5-6 2016

- Registration from 3/2/2015 to 11/6/2015

How PPA can help you!

- Visit UH Hilo College of Pharmacy
- Workshops
- Community service events
- Guest speakers (pharmacy school admissions representatives, UH Hilo CoP faculty, pharmacists, etc.)
- Network with healthcare professionals
- Advice on applying to pharmacy school
- Meet fellow students with the same career goal as you
- And much, much more!!

PPA Contact Information

Email: ppa@hawaii.edu

Website: <http://www2.hawaii.edu/~ppa>

Facebook Group:

“Pre-Pharmacy Association” within University of Hawaii
at Manoa [https://www.facebook.
com/groups/406996799411685/](https://www.facebook.com/groups/406996799411685/)

Recap of Events

-Magic Island Potluck/Social at Magic Island Beach Park
Sunday, September 20 1-4PM

-Medication Take Back at Senior Fair
Friday-Sunday, September 25-27 8:30-4:30PM

-Panda Express Fundraiser at Paradise Palms
Wednesday, September 30 All Day!

-Rho Chi Mock Interviews at Campus Center Room: CC310
Friday, October 9 9AM-3PM

-PPA Car Wash at 76 Gas Station
Saturday, October 17 8:30AM-3:30PM

Next General Meeting

Wednesday, October 14, 2015
Bilger 150 at 5:30 PM

Speakers:

UH Hilo College of Pharmacy Dr. Camlyn Ma
and P4 Pharmacy Students